

Respite Care

Respite care gives time off for caregivers, and is essential for their well-being. It can take place in an adult day centre, in the home of the person being cared for or in a residential setting. Respite care provides the patient with planned temporary care, giving relief to the caregivers.

Family Respite Centre

Offers palliative respice care with 24 hour nursing care, to residents of the Vancouver Coastal Health region. Patients can come to the centre in order to give caregivers a break, or can stay if they are visiting from out-of-town for medical treatment in Vancouver. The centre also provides daytime activity programs for patients. There are fees for all services.
604-327-9525
www.carebc.ca/respice

In-home Respite Services

Contact the palliative care services listed or your local hospice association.

Equipment for home care

Items such as a raised toilet seat, hospital bed, grab bars for the bathroom, a wheelchair, or a commode may be needed to help care for patients at home.

Equipment can be rented from the Red Cross or bought from drug stores and medical supply stores. Speak with your palliative care team before renting or purchasing equipment.

Bereavement Services

BC Bereavement Helpline

1-877-779-2223
www.bcbereavementhelpline.ca

Grief Works B.C.

604-875-2741
www.griefworksbc.com

Additional resources

Canadian Virtual Hospice

www.virtualhospice.ca

Caring to the End of Life

This website has information about palliative care for cancer patients.
www.caringtotheend.ca

A Caregiver's Guide: A Handbook about End-of-Life Care

Contact the Canadian Hospice Palliative Care Association for a free copy:
1-877-203-4636

A free copy can also be downloaded from The Order of St Lazarus Canada website at www.stlazarus.ca.

Please photocopy and share this brochure with anyone who you think will benefit from this information. If there's a resource you think will be valuable to others, please call us at 604-875-4111 ex. 69465 or e-mail us at pheM@vch.ca. We may include this information on a future printing of this brochure or on our website.

www.vch.ca/palliative

For more copies, go online at <http://vch.eduhealth.ca> or email pheM@vch.ca and quote Catalogue No. **GV.110.H67**
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The information in this document is intended solely for the person to whom it was given by the health care team.
www.vch.ca

*Do you or a loved one
have a serious or
life-limiting illness?*

*Introduction to
Hospice Palliative Care*

 Providence
HEALTH CARE

How you want to be treated.

North Shore, Sea to Sky,
Sunshine Coast, Powell River,
Richmond and Vancouver

Promoting wellness. Ensuring care.

Hospice Palliative Care

Hospice palliative care focuses on the physical, spiritual, emotional and social needs of people with a life-limiting illness (such as cancer, ALS or end stage heart, lung or kidney disease) and those close to them.

Pain and symptom management, care and understanding, comfort and caregiver support are all part of this focus, enhancing the quality of both living and dying.

‘Palliative care’ and ‘hospice care’ are both terms used to describe this approach. Palliative care services are available to patients and their families in the hospital, at community-based facilities, and can be provided in patients’ own homes. Hospice care often refers to care that is offered in the community, rather than in a hospital setting.

This brochure identifies services that are available and is designed to help you and your family quickly find the specific services you need.

Interpreter services

Some hospitals and health services have interpreting services and health information in languages other than English. Ask your health care provider if they are available.

Your first step to accessing palliative and hospice care

To find out about services available in your area, call the number listed below for your community.

Vancouver

Palliative Access Line (PAL)
604-263-7255

Richmond

Richmond Hospice Palliative Care Program
604-278-3361

North Shore

Palliative Care Program
604-988-3131 ext. 3743

For hospice palliative care services in other Vancouver Coastal Health communities, call your nearest local community health care office.

Gibsons	604-886-1852
Pemberton	604-894-6939
Pender Harbour	604-883-2764
Powell River	604-485-3310
Sechelt	604-741-0726
Squamish	604-892-2293
Whistler	604-932-4911
Bella Bella	250-957-2308
Bella Coola	250-799-5311

Visit our website at www.vch.ca/palliative

Support for patients and caregivers

British Columbia Hospice Palliative Care Association

Many communities have local hospice programs or societies which provide supportive services such as volunteer visits, and assistance for caregivers and loved ones. For information about services in your community, please call: 604-806-8821
www.hospicebc.org

S.U.C.C.E.S.S.

Hospice palliative care services for the Chinese community.
604-608-8802
www.success.bc.ca

Canuck Place Children’s Hospice

Provides specialised pediatric palliative and respite care for children living with life-threatening illness and support for their families in B.C.
604-731-4847
www.canuckplace.org

Cancer support services

Canadian Cancer Society

1-888-939-3333
www.bc.cancer.ca

Inspire Health Integrated Cancer Care

Holistic treatments for cancer.
604-734-7125
www.inspirehealth.ca

Making decisions about end-of-life care

There is help for adults who need support for financial and personal decision making, and to take care of the estates of deceased persons where there is no one else able to do so. To learn more about making decisions about end-of-life care, contact:

Public Guardian & Trustee of B.C.

604-660-4444
www.trustee.bc.ca

Nidus Personal Planning Resource Centre and Registry

604-408-7414
www.nidus.ca

Financial support for caregivers

Caregivers may need a leave of absence from work to care for a loved one who is in the final months of life. To find out more information on eligibility for support, contact:

Compassionate Care Benefits

1-800-206-7218
www1.servicecanada.gc.ca/en/ei/types/compassionate_care.shtml

You may also be eligible for:

Income Assistance

604-660-2421
www.gov.bc.ca/eia

Department of Veterans Affairs/ Canada Pension Plan

1-866-522-2122
www.vac-acc.gc.ca